

2018-2019 High School Lunch

February 2019

| Mon | Tue | Wed | Thu | Fri |
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| <p>28</p> <p>BBQ Riblet Sandwich</p> <p>Romaine Lettuce</p> <p>Cucumber Slices</p> <p>White Onions</p> <p>Dill Pickle Chips</p> <p>Pea Pods</p> <p>Tomato Slices</p> <p>Baby Carrots</p> <p>Cool Ranch Chickpeas</p> <p>Fresh Apple Slices</p> <p>Mandarin Oranges</p> <p>Chocolate Milk</p> <p>1% Milk</p> <p>Fat Free Milk</p> <p>Caesar Dressing</p> <p>Foothill Farms Ranch Dressing</p> <p>Mayonnaise, pkt</p> <p>Mustard, pkt</p> | <p>29</p> <p>Soft Taco</p> <p>Romaine Lettuce</p> <p>Black Beans</p> <p>Sliced Olives</p> <p>White Onions</p> <p>Diced Tomatoes</p> <p>Shredded Iceberg Lettuce</p> <p>Red Bell Pepper Strips</p> <p>Fresh Apple</p> <p>Diced Pears</p> <p>Tortilla Chips- WG</p> <p>1% Milk</p> <p>Fat Free Milk</p> <p>Chocolate Milk</p> <p>Foothill Farms Ranch Dressing</p> <p>Caesar Dressing</p> <p>Sour Cream</p> <p>Salsa</p> | <p>30</p> <p>Mini Corn Dogs</p> <p>Romaine Lettuce</p> <p>Broccoli Florets</p> <p>Cauliflower, raw</p> <p>Cucumber, peeled, raw</p> <p>Baby Carrots</p> <p>French Fries</p> <p>Mixed Fruit</p> <p>Fresh Apple Slices</p> <p>Fresh Apple</p> <p>1% Milk</p> <p>Fat Free Milk</p> <p>Chocolate Milk</p> <p>Ketchup, Packet</p> <p>Mayonnaise, pkt</p> <p>Foothill Farms Ranch Dressing</p> <p>Caesar Dressing</p> <p>Mustard, pkt</p> | <p>31</p> <p>Hamburger</p> <p>Romaine Lettuce</p> <p>Baby Carrots</p> <p>Tomato Slices</p> <p>Dill Pickle Chips</p> <p>White Onions</p> <p>Shredded Iceberg Lettuce</p> <p>Baked Beans</p> <p>Fresh Apple</p> <p>Oranges</p> <p>1% Milk</p> <p>Fat Free Milk</p> <p>Chocolate Milk</p> <p>Foothill Farms Ranch Dressing</p> <p>Caesar Dressing</p> <p>Cheese, Sliced American</p> | <p>1</p> <p>Pepperoni Pizza</p> <p>Carrot Sticks</p> <p>Cucumber Slices</p> <p>Red Bell Pepper Strips</p> <p>Romaine Lettuce</p> <p>Pineapple Tidbits</p> <p>Fresh Apple Slices</p> <p>Chocolate Milk</p> <p>1% Milk</p> <p>Fat Free Milk</p> <p>Foothill Farms Ranch Dressing</p> <p>Caesar Dressing</p> |
| <p>4</p> <p>Chicken, Thai Sweet Chili, Asian Food Solutions, 73004, W227 OSPI [GLOBAL] (2043541)</p> <p>Romaine Lettuce</p> <p>Cherry Tomatoes</p> <p>Red Bell Pepper Strips</p> <p>Peas, green</p> <p>Spinach, raw [GLOBAL] (6721)</p> <p>Cucumber, peeled, raw</p> <p>Sliced Beets</p> <p>Fresh Apple Slices</p> <p>Sliced Peaches</p> <p>Slice of Bread</p> <p>Long Grain, Parboiled, Brown Rice (Chicken Flavored), 1/2 c.</p> <p>1% Milk</p> <p>Fat Free Milk</p> <p>Chocolate Milk</p> <p>Lemon Raisels</p> <p>Jello</p> | <p>5</p> <p>French Dip Sandwich</p> <p>Romaine Lettuce</p> <p>Cucumber Slices</p> <p>Pea Pods</p> <p>Baby Carrots</p> <p>Tater tots</p> <p>Applesauce</p> <p>Mandarin Oranges</p> <p>Chocolate Milk</p> <p>1% Milk</p> | <p>6</p> <p>No School - Due To Weather</p> | <p>7</p> <p>Chicken, Fajita</p> <p>Romaine Lettuce</p> <p>Carrot Sticks</p> <p>Broccoli Florets</p> <p>Cucumber, peeled, raw</p> <p>Pea Pods</p> <p>Black Beans</p> <p>Whole Kernal Corn</p> <p>Fresh Apple Slices</p> <p>Applesauce, Cinnamon cup</p> <p>Crackers, Saltines, Whole Wheat</p> <p>Chocolate Milk</p> <p>1% Milk</p> <p>Fat Free Milk</p> <p>Foothill Farms Ranch Dressing</p> <p>Cheese, Cheddar</p> <p>Sour Cream</p> <p>Salsa</p> <p>Lemon Raisels</p> | <p>8</p> <p>Chicken Strips</p> <p>Romaine Lettuce</p> <p>Veggie Sticks</p> <p>Cucumber, peeled, raw</p> <p>Celery, raw</p> <p>Cauliflower, raw</p> <p>Fresh Apple Slices</p> <p>Strawberries,Sliced, Frozen</p> <p>Dutch Waffle</p> <p>1% Milk</p> <p>Fat Free Milk</p> <p>Chocolate Milk</p> <p>Caesar Dressing</p> |

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| <p>11</p> <p>Hamburger</p> <p>Romaine Lettuce</p> <p>Grated Carrots</p> <p>Red Bell Pepper Strips</p> <p>White Onions</p> <p>Tomato Slices</p> <p>Dill Pickle Chips</p> <p>Beans, Garbanzo, Chick Peas</p> <p>Sliced Peaches</p> <p>Fresh Apple Slices</p> <p>1% Milk</p> <p>Chocolate Milk</p> <p>Fat Free Milk</p> <p>Caesar Dressing</p> <p>Foothill Farms Ranch Dressing</p> <p>Jello</p> | <p>12</p> <p>Chicken Nuggets</p> <p>Whole Kernal Corn</p> <p>Romaine Lettuce</p> <p>Diced Tomatoes</p> <p>Black Beans</p> <p>Celery, raw</p> <p>Baby Carrots</p> <p>Oranges</p> <p>Fresh Apple</p> <p>Dinner Rolls- HS</p> <p>1% Milk</p> <p>Fat Free Milk</p> <p>Chocolate Milk</p> <p>Foothill Farms Ranch Dressing</p> <p>Caesar Dressing</p> | <p>13</p> <p>Spaghetti and Meat Sauce</p> <p>Romaine Lettuce</p> <p>Baby Carrots</p> <p>Cauliflower, raw</p> <p>Cucumber Slices</p> <p>Cut Green Beans</p> <p>Broccoli Florets</p> <p>Mixed Fruit</p> <p>Fresh Apple</p> <p>Slice of Bread</p> <p>1% Milk</p> <p>Fat Free Milk</p> <p>Chocolate Milk</p> <p>Caesar Dressing</p> <p>Foothill Farms Ranch Dressing</p> <p>Jello</p> <p>Smart Balance Butter Spread</p> | <p>14</p> <p>Hot Turkey Sandwich -HS</p> <p>Romaine Lettuce</p> <p>Diced Tomatoes</p> <p>Broccoli Florets</p> <p>Carrot Sticks</p> <p>Celery, raw</p> <p>Cucumber, peeled, raw</p> <p>Strawberry Cup</p> <p>Fresh Apple Slices</p> <p>Slice of Bread</p> <p>Chocolate Pudding</p> <p>1% Milk</p> <p>Fat Free Milk</p> <p>Foothill Farms Ranch Dressing</p> <p>Caesar Dressing</p> | <p>15</p> <p>Teriyaki Dippers</p> <p>Romaine Lettuce</p> <p>Spinach, raw [GLOBAL] (6721)</p> <p>Grated Carrots</p> <p>Cauliflower, raw</p> <p>Peas, green</p> <p>Sliced Beets</p> <p>Diced Pears</p> <p>Pineapple Tidbits</p> <p>Dinner Rolls- HS</p> <p>Chocolate Pudding</p> <p>Fat Free Milk</p> <p>1% Milk</p> <p>Caesar Dressing</p> <p>Foothill Farms Ranch Dressing</p> |
| <p>18</p> <p>President's Day</p> | <p>19</p> <p>Bean & Cheese Burrito</p> <p>Shredded Iceberg Lettuce</p> <p>Veggie Sticks</p> <p>Cucumber Slices</p> <p>White Onions</p> <p>Diced Tomatoes</p> <p>Sliced Olives</p> <p>Mixed Fruit</p> <p>Oranges</p> <p>1% Milk</p> <p>Fat Free Milk</p> <p>Chocolate Milk</p> <p>Caesar Dressing</p> <p>Foothill Farms Ranch Dressing</p> | <p>20</p> <p>Chicken Noodle Soup</p> <p>Veggie Sticks</p> <p>Cherry Tomatoes</p> <p>Broccoli Florets</p> <p>Cucumber Slices</p> <p>Cool Ranch Chickpeas</p> <p>Sliced Pears</p> <p>Fresh Apple Slices</p> <p>Chocolate Milk</p> <p>1% Milk</p> <p>Fat Free Milk</p> <p>Foothill Farms Ranch Dressing</p> | <p>21</p> <p>Nachos with Chili and Cheese</p> <p>Romaine Lettuce</p> <p>Grated Carrots</p> <p>Diced Tomatoes</p> <p>Whole Kernal Corn</p> <p>Peaches, Sliced</p> <p>Fresh Apple</p> <p>1% Milk</p> <p>Fat Free Milk</p> <p>Chocolate Milk</p> | <p>22</p> <p>Chicken Alfredo</p> <p>Cut Green Beans</p> <p>Baby Carrots</p> <p>Cucumber Slices</p> <p>Peas, green</p> <p>Cool Ranch Chickpeas</p> <p>Apricot Halves</p> <p>Fresh Apple</p> <p>Dinner Rolls- HS</p> <p>1% Milk</p> <p>Chocolate Milk</p> <p>Fat Free Milk</p> |

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| <p>25</p> <p>Chicken on a Bun</p> <p>Baby Carrots</p> <p>Celery, raw</p> <p>Cucumber Slices</p> <p>Broccoli Florets</p> <p>Cauliflower, raw</p> <p>Romaine Lettuce</p> <p>Shredded Iceberg Lettuce</p> <p>Potato Wedges</p> <p>Marinara Sauce</p> <p>Tomato Slices</p> <p>Fresh Apple</p> <p>Applesauce, Strawberry cup</p> <p>1% Milk</p> <p>Fat Free Milk</p> <p>Chocolate Milk</p> <p>Cheese, Sliced American</p> <p>Foothill Farms Ranch Dressing</p> <p>Mayonnaise, pkt</p> | <p>26</p> <p>Soft Taco</p> <p>Romaine Lettuce</p> <p>Baby Carrots</p> <p>White Onions</p> <p>Sliced Olives</p> <p>Diced Tomatoes</p> <p>Whole Kernal Corn</p> <p>Celery, raw</p> <p>Spinach, raw [GLOBAL] (6721)</p> <p>Shredded Iceberg Lettuce</p> <p>Oranges</p> <p>Fresh Apple Slices</p> <p>Crackers, Saltines, Whole Wheat</p> <p>1% Milk</p> <p>Fat Free Milk</p> <p>Chocolate Milk</p> <p>Foothill Farms Ranch Dressing</p> <p>Sour Cream</p> <p>Sunflower Seeds</p> <p>Cheese, Cheddar</p> | <p>27</p> <p>Chicken, Mandarin Orange</p> <p>Spinach, raw [GLOBAL] (6721)</p> <p>Romaine Lettuce</p> <p>Cherry Tomatoes</p> <p>Red Bell Pepper Strips</p> <p>Beans, Garbanzo, Chick Peas</p> <p>Cucumber Slices</p> <p>Peas, green</p> <p>Fresh Apple Slices</p> <p>Mandarin Oranges</p> <p>Dinner Rolls- HS</p> <p>1% Milk</p> <p>Chocolate Milk</p> <p>Fat Free Milk</p> <p>Foothill Farms Ranch Dressing</p> <p>Caesar Dressing</p> <p>Smart Balance Butter Spread</p> | <p>28</p> <p>Grilled Cheese Sandwich On WG/ Bread</p> <p>Tomato Soup</p> <p>Pea Pods</p> <p>Cauliflower, raw</p> <p>Cucumber Slices</p> <p>Spinach, raw [GLOBAL] (6721)</p> <p>Romaine Lettuce</p> <p>Baby Carrots</p> <p>Mixed Fruit</p> <p>Fresh Apple</p> <p>Crackers, Saltines, Whole Wheat</p> <p>1% Milk</p> <p>Chocolate Milk</p> <p>Fat Free Milk</p> <p>Foothill Farms Ranch Dressing</p> <p>Sunflower Seeds</p> <p>Cheese, cottage, lowfat, 1% milkfat [LOCAL] (799)</p> <p>Cheese, Cheddar</p> | <p>1</p> <p>Pepperoni Pizza</p> <p>Romaine Lettuce</p> <p>Spinach, raw [GLOBAL] (6721)</p> <p>Diced Tomatoes</p> <p>Red Bell Pepper Strips</p> <p>Pea Pods</p> <p>Cucumber Slices</p> <p>Pineapple Tidbits</p> <p>Fresh Apple</p> <p>1% Milk</p> <p>Chocolate Milk</p> <p>Fat Free Milk</p> <p>Foothill Farms Ranch Dressing</p> <p>Caesar Dressing</p> |
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