

2018-2019 Middle School Lunch

February 2019

Mon	Tue	Wed	Thu	Fri
28 BBQ Riblet Sandwich Romaine Lettuce Broccoli Florets Cut Green Beans Tomato Slices White Onions Fresh Apple Slices Diced Peaches Chocolate Milk 1% Milk Fat Free Milk Foothill Farms Ranch Dressing Caesar Dressing Mayonnaise, pkt Ketchup, Packet	29 Soft Taco Romaine Lettuce Baby Carrots Black Beans Sliced Olives White Onions Diced Tomatoes Sliced Peaches Fresh Apple 1% Milk Fat Free Milk Chocolate Milk Caesar Dressing Foothill Farms Ranch Dressing Sour Cream Salsa	30 Mini Corn Dogs Romaine Lettuce Broccoli Florets Cauliflower, raw Cucumber Slices Red Bell Pepper Strips Baby Carrots French Fries Banana Fresh Apple Slices Fresh Apple 1% Milk Fat Free Milk Chocolate Milk Caesar Dressing Foothill Farms Ranch Dressing Ketchup, Packet	31 Hamburger Celery, raw White Onions Dill Pickle Chips Shredded Iceberg Lettuce Tomato Slices Baked Beans Oranges Fresh Apple 1% Milk Fat Free Milk Chocolate Milk Caesar Dressing Foothill Farms Ranch Dressing Mayonnaise, pkt Mustard, pkt Ketchup, Packet	1 Pizza (Pepperoni or Cheese) Romaine Lettuce Tomato Slices Carrot Sticks Cucumber, peeled, raw Red Bell Pepper Strips Spinach, raw [GLOBAL] (6721) Pineapple Tidbits Fresh Apple 1% Milk Fat Free Milk Chocolate Milk Foothill Farms Ranch Dressing Caesar Dressing
4 Chicken, Thai Sweet Chili, Asian Food Solutions, 73004, W227 OSPI [GLOBAL] (2043541) Romaine Lettuce Peas, green Red Bell Pepper Strips Cherry Tomatoes Beans, Garbanzo, Chick Peas Veggie Sticks Sliced Peaches Slice of Bread Long Grain, Parboiled, Brown Rice (Chicken Flavored), 1/2 c. 1% Milk Chocolate Milk Fat Free Milk	5 French Dip Sandwich Romaine Lettuce Cucumber Slices Pea Pods Cherry Tomatoes Mandarin Oranges Chocolate Milk 1% Milk Foothill Farms Ranch Dressing Caesar Dressing	6 No School - Due To Weather	7 Chicken, Fajita Romaine Lettuce Sliced Beets Carrot Sticks Broccoli Florets Cherry Tomatoes Cucumber, peeled, raw Whole Kernal Corn Fresh Apple Slices Chocolate Milk 1% Milk Fat Free Milk	8 Chicken Strips/MS Romaine Lettuce Celery, raw Spinach, raw [GLOBAL] (6721) Tomato Slices Strawberries, Sliced, Frozen Dutch Waffle 1% Milk Fat Free Milk Caesar Dressing

<p>11</p> <p>Hamburger</p> <p>Romaine Lettuce</p> <p>Grated Carrots</p> <p>Red Bell Pepper Strips</p> <p>Pea Pods</p> <p>Cherry Tomatoes</p> <p>French Fries</p> <p>Sliced Peaches</p> <p>Sliced Pears</p> <p>1% Milk</p> <p>Chocolate Milk</p> <p>Fat Free Milk</p> <p>Ketchup, Packet</p> <p>Mayonnaise, pkt</p>	<p>12</p> <p>Chicken Nuggets</p> <p>Whole Kernal Corn</p> <p>Romaine Lettuce</p> <p>Diced Tomatoes</p> <p>Beans, Garbanzo, Chick Peas</p> <p>Red Bell Pepper Strips</p> <p>Spinach, raw [GLOBAL] (6721)</p> <p>Pineapple Tidbits</p> <p>1% Milk</p> <p>Fat Free Milk</p> <p>Chocolate Milk</p>	<p>13</p> <p>Spaghetti and Meat Sauce</p> <p>Romaine Lettuce</p> <p>Veggie Sticks</p> <p>Cucumber Slices</p> <p>Celery, raw</p> <p>Cut Green Beans</p> <p>Mixed Fruit</p> <p>Fresh Apple</p> <p>Dinner Rolls</p> <p>1% Milk</p> <p>Fat Free Milk</p> <p>Chocolate Milk</p> <p>Caesar Dressing</p> <p>Foothill Farms Ranch Dressing</p>	<p>14</p> <p>Hot Turkey Sandwich</p> <p>Romaine Lettuce</p> <p>Diced Tomatoes</p> <p>Red Bell Pepper Strips</p> <p>White Onions</p> <p>Cucumber, peeled, raw</p> <p>Fresh Apple Slices</p> <p>Sliced Pears</p> <p>Slice of Bread</p> <p>1% Milk</p> <p>Fat Free Milk</p> <p>Chocolate Milk</p> <p>Smart Balance Butter Spread</p> <p>Foothill Farms Ranch Dressing</p> <p>Caesar Dressing</p> <p>Lemon Raisels</p>	<p>15</p> <p>Teriyaki Dippers</p> <p>Romaine Lettuce</p> <p>Grated Carrots</p> <p>Broccoli Florets</p> <p>Cauliflower, raw</p> <p>Spinach, raw [GLOBAL] (6721)</p> <p>Diced Pears</p> <p>Grapes</p> <p>Long Grain, Parboiled, Brown Rice (Chicken Flavored), 1/2 c.</p> <p>1% Milk</p> <p>Fat Free Milk</p> <p>Chocolate Milk</p>
<p>18</p> <p>President's Day</p>	<p>19</p> <p>Bean & Cheese Burrito</p> <p>Diced Tomatoes</p> <p>Romaine Lettuce</p> <p>White Onions</p> <p>Sliced Olives</p> <p>Baby Carrots</p> <p>Beans, Garbanzo, Chick Peas</p> <p>Whole Kernal Corn</p> <p>Oranges</p> <p>1% Milk</p> <p>Fat Free Milk</p> <p>Chocolate Milk</p>	<p>20</p> <p>Chicken Noodle Soup</p> <p>Cherry Tomatoes</p> <p>Broccoli Florets</p> <p>Cucumber Slices</p> <p>Celery, raw</p> <p>Baby Carrots</p> <p>Fresh Apple Slices</p> <p>Diced Pears</p> <p>1% Milk</p> <p>Fat Free Milk</p> <p>Chocolate Milk</p> <p>Lemon Raisels</p>	<p>21</p> <p>Nachos with Chili and Cheese</p> <p>Sliced Olives</p> <p>White Onions</p> <p>Diced Tomatoes</p> <p>Romaine Lettuce</p> <p>Sliced Peaches</p> <p>1% Milk</p> <p>Fat Free Milk</p> <p>Chocolate Milk</p> <p>Sour Cream</p> <p>Salsa</p>	<p>22</p> <p>Chicken Alfredo</p> <p>Cut Green Beans</p> <p>Baby Carrots</p> <p>Cucumber Slices</p> <p>Pea Pods</p> <p>Apricot Halves</p> <p>Fresh Apple</p> <p>Dinner Rolls- HS</p> <p>1% Milk</p> <p>Chocolate Milk</p> <p>Fat Free Milk</p>

<p>25</p> <ul style="list-style-type: none"> Chicken on a Bun Romaine Lettuce Baby Carrots Celery, raw Broccoli Florets Cauliflower, raw Cucumber Slices Tomato Slices Grapes Fresh Apple Slices 1% Milk Chocolate Milk Fat Free Milk Mayonnaise, pkt 	<p>26</p> <ul style="list-style-type: none"> Soft Taco Whole Kernal Corn Black Beans Romaine Lettuce Sliced Olives White Onions Diced Tomatoes Baby Carrots Spinach, raw [GLOBAL] (6721) Oranges Fresh Apple Slices 1% Milk Chocolate Milk Fat Free Milk Sour Cream Salsa Cheese, Cheddar 	<p>27</p> <ul style="list-style-type: none"> Chicken, Mandarin Orange Spinach, raw [GLOBAL] (6721) Romaine Lettuce Cherry Tomatoes Red Bell Pepper Strips Beans, Garbanzo, Chick Peas Fresh Apple Slices Mandarin Oranges Dinner Rolls- HS 1% Milk Chocolate Milk Fat Free Milk Foothill Farms Ranch Dressing Smart Balance Butter Spread 	<p>28</p> <ul style="list-style-type: none"> Grilled Cheese Sandwich On WG/ Bread Pea Pods Cauliflower, raw Cucumber Slices Spinach, raw [GLOBAL] (6721) Romaine Lettuce Baby Carrots Green Bell Pepper Strips Tomato Soup Mixed Fruit Fresh Apple Slices 1% Milk Chocolate Milk Fat Free Milk Lemon Raisels 	<p>1</p> <ul style="list-style-type: none"> Pizza (Pepperoni or Cheese) Spinach, raw [GLOBAL] (6721) Tomato Slices Romaine Lettuce Red Bell Pepper Strips Broccoli Florets Veggie Sticks Pineapple Tidbits Fresh Apple 1% Milk Chocolate Milk Fat Free Milk Foothill Farms Ranch Dressing
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This institution is an equal opportunity provider.