

2018-2019 Elementary lunch

January 2019

Mon	Tue	Wed	Thu	Fri
31 Winter Break	1 Winter Break	2 Chicken, Mandarin Orange, 3.60 oz, Yang's 8-52724-15552-4, W230 OSPI [LOCAL] (2649) Carrot Sticks Romaine Lettuce Peas, green Cantaloupe Fresh Apple Long Grain, Parboiled, Brown Rice (Chicken Flavored), 1/2 c. 1% Milk Fat Free Milk Chocolate Milk	3 Hamburger White Onions Dill Pickle Chips Tomato Slices Shredded Iceberg Lettuce French Fries Mandarin Oranges Fresh Apple 1% Milk Fat Free Milk	4 Nachos with Chili and Cheese Romaine Lettuce Diced Tomatoes Sliced Olives White Onions Black Beans Fresh Apple Slices 1% Milk Fat Free Milk Foothill Farms Ranch Dressing Caesar Dressing
7 French Dip Sandwich White Onions Baby Carrots Celery, raw Romaine Lettuce Diced Pears 1% Milk Fat Free Milk Caesar Dressing	8 Chili Elementary Romaine Lettuce Cherry Tomatoes Baby Carrots Cucumber, peeled, raw Grapes Corn Muffin 1% Milk Fat Free Milk	9 Chicken Strips - Elem Baked Beans Romaine Lettuce Baby Carrots Cucumber, peeled, raw Celery, raw Cherry Tomatoes Strawberries, Sliced, Frozen Dutch Waffle Fat Free Milk 1% Milk Ketchup, Packet Foothill Farms Ranch Dressing	10 Grilled Cheese Sandwich On WG/ Bread Tomato Soup Broccoli Florets Baby Carrots Pea Pods Cucumber Slices Oranges 1% Milk Fat Free Milk	11 Pepperoni Pizza Ripper Romaine Lettuce Cherry Tomatoes Cucumber, peeled, raw Pea Pods Pineapple Tidbits 1% Milk Fat Free Milk Caesar Dressing
14 Mini Rolled Beef Tacos Romaine Lettuce Whole Kernal Corn Diced Tomatoes Sliced Olives Mandarin Oranges 1% Milk Fat Free Milk Chocolate Milk Sour Cream Salsa Foothill Farms Ranch Dressing Caesar Dressing	15 Spaghetti and Meat Sauce Romaine Lettuce Cut Green Beans Cherry Tomatoes Celery, raw Grapes Slice of Bread 1% Milk Fat Free Milk Caesar Dressing Foothill Farms Ranch Dressing	16 Chicken, Fajita Whole Kernal Corn White Onions Diced Tomatoes Sliced Olives Beans, Garbanzo, Chick Peas Applesauce Fat Free Milk 1% Milk	17 Teriyaki Dippers Romaine Lettuce Diced Tomatoes Sliced Olives White Onions Peaches, Sliced Dinner Rolls Fat Free Milk 1% Milk Cheese, Mexican blend [LOCAL] (807) Foothill Farms Ranch Dressing Ketchup, Packet	18 Spokane Tribal Day

<p>21 MLK Jr. Day</p>	<p>22 Chicken on a Bun Herb Roasted Potatoes Romaine Lettuce Tomato Slices Baby Carrots Cauliflower, raw Fresh Apple Slices 1% Milk Fat Free Milk Caesar Dressing Foothill Farms Ranch Dressing Ketchup, Packet Mayonnaise, pkt Mustard, pkt</p>	<p>23 Chicken and WG Noodles Romaine Lettuce Grated Carrots Pea Pods Cucumber Slices Sliced Peaches Crackers, Saltines, Whole Wheat 1% Milk Fat Free Milk Foothill Farms Ranch Dressing Caesar Dressing</p>	<p>24 Bean & Cheese Burrito Whole Kernal Corn Romaine Lettuce Cucumber Slices Grapes 1% Milk Fat Free Milk Caesar Dressing Foothill Farms Ranch Dressing Salsa Sour Cream</p>	<p>25 Chicken, Nuggets, Homestyle Romaine Lettuce Cherry Tomatoes Celery, raw Beans, Garbanzo, Chick Peas Mixed Fruit 1% Milk Fat Free Milk Caesar Dressing Foothill Farms Ranch Dressing Ketchup, Packet Mayonnaise, pkt</p>
<p>28 BBQ Riblet Sandwich Vegetarian Beans Romaine Lettuce Diced Tomatoes Fresh Apple Slices 1% Milk Chocolate Milk</p>	<p>29 Soft Taco Shredded Iceberg Lettuce Diced Tomatoes White Onions Sliced Olives Diced Pears 1% Milk Fat Free Milk Salsa</p>	<p>30 Mini Corn Dogs French Fries Veggie Sticks Mandarin Oranges 1% Milk Chocolate Milk Ketchup, Packet Mustard, pkt Foothill Farms Ranch Dressing</p>	<p>31 Hamburger Shredded Iceberg Lettuce Tomato Slices Red Onion Rings Dill Pickle Chips Fresh Apple 1% Milk Fat Free Milk</p>	<p>1 Pizza (Pepperoni or Cheese) Veggie Sticks Cherry Tomatoes Oranges 1% Milk Fat Free Milk Foothill Farms Ranch Dressing Sunflower Seeds Lemon Raisels</p>

This institution is an equal opportunity provider.